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**From:** This Week @ EPA [epanews@epa.gov]  
**Sent:** 3/8/2023 5:48:34 PM  
**To:** This Week @ EPA [epanews@epa.gov]  
**Subject:** This Week @ EPA - March 8, 2023

## THIS WEEK @ EPA



**Photo of the Week:** Winter in the Cascades by Mary Winsor, Region 10, Resource Conservation and Recovery Act.

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## IN CASE YOU MISSED IT

## Mass Mailers

- [Reminder: Anti-Harassment Training and Listening Session](#)
- [Latest Updates to EPA Shooting Stars Recognition Program](#)
- [You are a changemaker – thank you!](#)

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## News Releases

- [Biden-Harris Administration Proposes Stronger Limits on Water Pollution from Power Plants](#)
- [United States and Commonwealth of Massachusetts Announce Settlement with City of Gloucester to Upgrade Sewage Treatment Infrastructure](#)
- [EPA Takes Action to Improve Cybersecurity Resilience for Public Water Systems.](#)
- [EPA Requires Norfolk Southern to Sample for Dioxins in East Palestine.](#)
- [EPA Announces Enforcement Actions to Control Hydrofluorocarbon Imports.](#)
- [EPA Announces Listening Sessions on a Potential CERCLA Enforcement Discretion Policy for Addressing PFAS Contamination at Superfund Sites.](#)

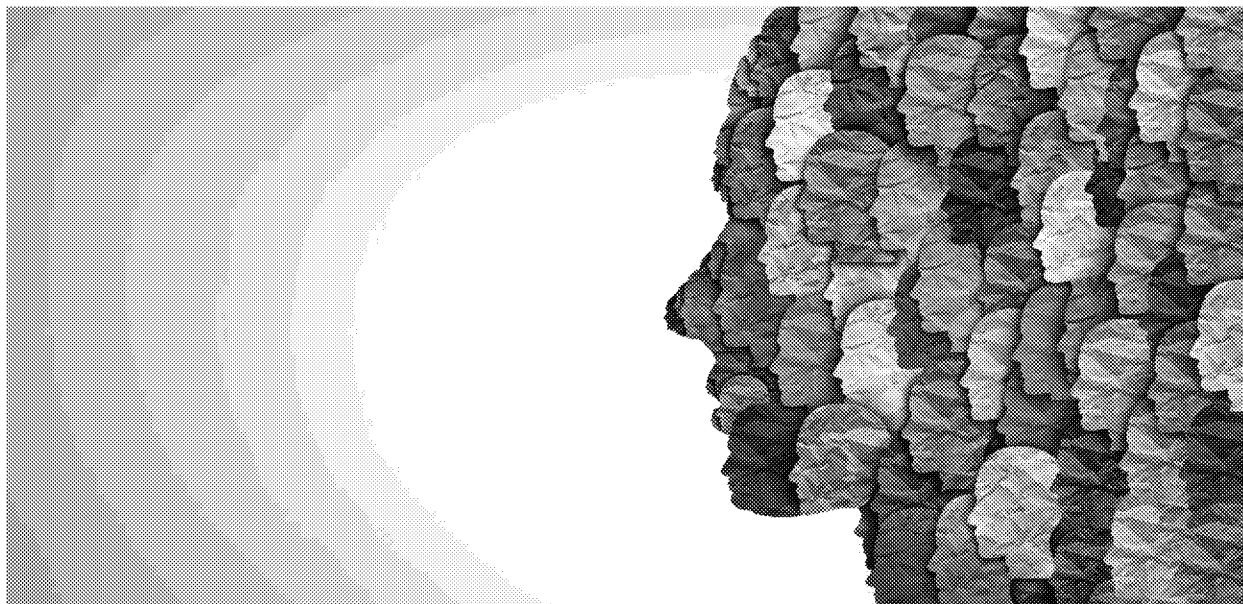
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## We appreciate EPA employees and their contributions!

### Flower Armijo, Region 1

This week we are highlighting Flower Armijo, the latest addition to the Region 1 Grants Specialist Team. Flower grew up in Long Beach, California and moved to Boston in 2018 to study Environmental Analysis and Policy at Boston University. [Get to know more about Flower.](#)

[Nominate an employee >](#)

### **Join Facilitated Discussions About Moving from Bias to Inclusion**

EPA continues to work toward a diverse, equitable, inclusive, and accessible workplace. EPA employees are encouraged to complete the Moving from Bias to Inclusion training course and other Diversity, Equity, Inclusion and Accessibility (DEIA) related courses available in FedTalent. Find out [more about this facilitated discussion](#).

### **EPA@Work Menu Changes Are Coming!**

EPA's Intranet Modernization team is making updates to the EPA@Work intranet homepage menu following a series of user tests. Check out the [summary of findings](#) from these tests and learn more about the changes that are coming.

### **Healthy Hearts Webinar**

Participate in this webinar, provided by VHC Health™, to find out about how we can make heart healthy choices every day. The Healthy Hearts webinar will take place on Thursday, March 16, 2023, from 2:00 p.m. to 3:00 p.m., E.T. To sign up, [visit the Healthy Hearts registration page](#).

### **Eat Healthy, Be Well in 2023**

Eating nutritious foods can help maintain your mental physical wellbeing. Additionally, a well-balanced diet can lower your risk for type 2 diabetes, heart disease, cancer, and osteoporosis. [Use the following tips](#) to adopt health promoting habits.

### **National Maternal Wellness Program: Prenatal Breastfeeding Class on March 14**

The Breastfeeding Center for Greater Washington (BCGW) will host an online Prenatal Breastfeeding Class as part of EPA's National Maternal Wellness Program on Tuesday, March 14, from 12 – 1:30 p.m. ET. [Participate in the class](#) to learn the basic anatomy and physiology involved in breast milk production and breastfeeding.

[Internal News >](#)



### **Making the Case for Environmental Change - Lois Gibbs on Love Canal & Communities Exposed to Hazards**

Joanne Amorosi from the U.S. Environmental Protection Agency sits down with Lois Gibbs to talk about her experience as a homeowner in the Love Canal community, that turned into a more than 40 plus-year long commitment in pursuing environmental justice for her family, her neighbors, and countless other communities across the nation who have been disproportionately exposed to hazardous pollutants. [Check out the video!](#)



**March 8:** [Qlik for Beginners - Hands-On Virtual Workshops](#)

**March 8:** [EPA basics webinar: Qlik in 45](#)

**March 9:** [Time and Attendance for Pay Period 06, 2023, ending March 11, 2023](#)

**March 9:** [Retirement Distribution Strategies to Avoid Outliving Your Money – hosted by Society for Financial Awareness](#)

**March 9:** [National First Line Supervisors Advisory Group Open House](#)

**March 9:** [Qlik Cloud Government Enablement Sessions](#)

**March 13:** [EPA's Static Mapping Competition Overview](#)

*Please visit the [agency calendar](#) (VPN required) to add agency events to your Outlook calendar. For help adding agency calendar items to your Outlook calendar, please see: [How to Easily Add Agency Calendar Events to Outlook](#).*

[View Agency Calendar >](#)

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